Florence

Day One
Arrive in Florence. While you can start at any point on the triangle, we chose Florence because of its proximity to Rome, the regional airport hub with the most direct flights from the New York area.

Day Two
Explore Florence. Buy advance tickets to the Uffizi to avoid lines. A fun counterpoint to all that Renaissance art is the Ferragamo Museum, a temple to shoes. Eat an authentic Florentine meal at Trattoria Sabatino, where there is no English menu and many dishes cost less than five euros. The best gelato we had in Italy was at Gelateria Della Passera in San Frediano, one of the least touristy parts of Florence. Vivo, a low-key, well-priced fish restaurant that opened last year, serves memorable risotto and tuna Carpaccio.

Where to Stay
The luxe choice is the Four Seasons Florence. Arguably the top hotel in the city, this urban resort is situated on some of the largest private gardens in Florence in an old palazzo. The spa is considered one of the best in Europe — the tension-relief massage is a great treatment to get ready for the drive. Other perks: It’s extremely kid-friendly (there are two playgrounds on the property) and ideally situated, tucked away from the selfie-stick-wielding crowds. In the low season, a Superior Room starts at 350 euros.

For a mid-range option, try Adastra. Owned by an architect and graphic designer, the hotel has seven rooms and occupies the first floor of an ancestral family mansion in downtown Florence. The hotel has modern touches and beautiful Italian design pieces; no two rooms are identical. Bonus: The property overlooks the largest private garden in Europe. Rooms can start as low as 183 euros per night and breakfast is included.